



Step One
ALLSTARS



SHOW TEAMS

This is a low cost, introductory program for athletes interested in learning about the world of cheer. This 8 week program allows athletes to learn the basics of cheer, a short routine, and perform it at the Step 1 Showcase in November.

Registration Begins September 16
Practices Begin September 28



PRACTICE SCHEDULE

Ages 4-6

Saturdays 11:00 am-12:00 pm

Ages 7-11

Thursdays 6:30-7:30 pm

PERFORMANCE DATE

Sunday, November 19

IMPORTANT INFORMATION

One practice per week
All-Inclusive Price includes All
Training Costs & Performance
Outfit

SHOW TEAM TRAINING

Athletes will learn the basics of
cheerleading, including but not
limited to motions, jumps,
tumbling, & beginner stunting
techniques.

**ONE TIME FEE
ONLY \$120**